

# ***Healthy Visions Celebrates its 25<sup>th</sup> anniversary with an Evening with the Stars and Super Moon***

April 11, 2011

Contact: Carole Adlard 513.484.1506

A record breaking crowd of 150 students, staff, board members, and guests of Healthy Visions gathered March 19 at The Cincinnati Observatory Center for the 25<sup>th</sup> Anniversary Celebration of Healthy Visions. The event was called "Evening with the Stars and Super Moon."

It was an evening extraordinaire as Saturday, March 19 was the rising of the Super Moon. The Cincinnati Observatory was the place to view this spectacular super moon, called because the moon was the closest to earth on March 19 making it the biggest and brightest moon in the last 18 years. The Supermoon won't happen for another 18 years.

The celebration was chaired by Cynthia Baylis of Mt. Lookout, the event included the presentation of Healthy Visions' Life Time Achievement award to Sue and Ned Bruns of Symmes Township. Short presentation of the school program by RP ( Russell Proctor) and Zach Steinbrook. Tours of the Cincinnati Observatory. Viewing of the Super Moon through the telescopes. Gourmet hors d'oeuvres prepared by Nicol Courtemanche, wine tasting by Little Sonoma, and delicious deserts and coffee followed.

The Life Time Achievement Award was established to promote and hold up as an example the ideals and achievements of Healthy Visions supporters who have provided exemplary life long service to humanity through career and volunteer involvement.

The 2011 award honors Sue and Ned Bruns for their exceptional contributions to Healthy Visions with their support of the Safe Teen program. Ned Bruns has served on the Board of Directors of Healthy Visions for five years and has helped generate enthusiasm and support for the agencies programming. Sue Bruns as served on Healthy Visions advisory board for one year. In addition to their personal support, Sue and Ned Bruns have modeled healthy , happy relationships, and assisted in raising funds for the operational expenses of Healthy Visions.

"Their unwavering dedication to the best interests of Healthy Visions has been vital to the long term success of the agency," commented Executive Director Carole Adlard. " As highly principled individuals Sue and Ned Bruns have given back to the youth and community more than they have gleaned."

Board President Kathy Bernard added, " Sue and Ned Bruns selfless contributions stand as the hallmark of responsible citizenry."

According to Sue Bruns, "We have been blessed with a successful business, five wonderful children who married terrific spouses, and 15 exceptional grandchildren and many fabulous friends." Sue continued, "With so many blessings, Ned and I wanted to give back. We wanted to invest our time, talents, and support in an agency that helped teens make decisions that set them on a life course of success. Healthy Visions fit that bill."

Founded in 1986 Healthy Visions( formerly called Adoption Option, Inc.) is a Cincinnati based nonprofit educational agency that provides in-school programming and school assemblies in Greater Cincinnati and Northern Kentucky to teach students about the dangers of sex, drugs, alcohol, dating abuse, social media abuse, pornography, sexual predators, negative self talk/thoughts, depression, suicide, and rape. The program offers prevention so students understand these topics and their potential consequences. Offers help and guidance on what to do if students encounter any of these problems and offers ongoing contact with the students through Facebook and email. Annually Healthy Visions reaches 5,000 students. In the past 6 months, Healthy Visions has added 1500 Facebook friends. The students continue to contact Healthy Visions via Facebook long after we have left the schools with questions on student concerns.

Ned Bruns explained his reason for joining the Board of Healthy Visions, " I co- owned Lehr Precision Inc., a single source provider of hot and cold section engine parts for General Electric, with my brother Norb Bruns for many years. I know firsthand the importance of building a business relationship on a strong foundation of trust. We believed in our employees. We encouraged them to help solve technical problems and worked alongside our employees when they faced difficult work challenges. We were successful and were awarded 5 patents for electro chemical machining technology. I see that same approach in Healthy Visions. This is an agency where the in- school presenters touch students' lives. During the five day program, Healthy Visions' presenters earn the students' trust. They encourage and support students to make healthy choices. The presenters help guide students to avoid making unhealthy life choices. When assisting students who have made a mistake, the presenters teach the students to forgive themselves , through self- forgiveness the students can live life more fully without the burden of guilt."

Mr. Bruns continued, "We were a successful business because we helped General Electric solve their problems. We receive several awards from General Electric for solving technical problems on their engines and building specialty parts. Healthy Visions is like my business. Students continue to message the presenters on Facebook and email after finishing the program at their school. Healthy Visions presenters maintain an ongoing relationship with students, particularly those who need help. While there are no awards for helping students, there is great satisfaction to helping students choose life over suicide, to stop abusing drugs and alcohol, and to encourage and support students to make wise decisions. Each week Healthy Visions is in the classroom, teens lives are being saved."

Healthy Visions programs present facts based on careful research from respected sources and are considered the 'gold standard' by teachers, administrators, students and the federal government which lists them as best practices programs. Importantly the effectiveness of the curriculum has been

documented via before and after surveys of students which indicate that after participating in Healthy Visions programs, 95% say they would recommend the program to their friends.

According to Ned Bruns, “The cornerstone of the program is the personal testimony of the presenters who speak about their own experiences with social media, teen pregnancy, substance abuse, sexually transmitted diseases, bullying, dating abuse, rape and technology abuse. Teens are taught ways to establish boundaries for themselves, how to say yes to their hearts and back up their positions with facts, how to forgive themselves for mistakes and how to realize when it is not their fault, as in the case of rape.”

Ned Bruns graduated from Purcell Marian High School, University of Cincinnati in Mechanical Engineering, and received his MBA from Xavier University. Sue Bruns is a graduate of Piqua Catholic and Our Lady of Cincinnati College in biological sciences and chemistry. They live in Sycamore Township and have five children. Through the years they have been committed to many local and professional groups, including C.I.S.E., Kindervelt, National Tool and Machining Association, and Society of Manufacturing Engineers.

In addition to event chair Cynthia Baylis, others assisting with the evening include Michelle Rowland, Kenwood, Tori Bellino, West Chester, Grace Spencer, Oakley, Michelle Bruns, Loveland, Stace Millburg, Montgomery, Nicol Courtemanche, Blue Ash, and Trisha Hartman, Norwood.

Healthy Visions is an active nonprofit agency serving more than 5,000 teens in Butler, Clermont, Hamilton, Warren counties, and Northern Kentucky. For more information visit the agency’s website at [www.keepurpantson.org](http://www.keepurpantson.org) or contact Carole Adlard, Executive Director, 513.793.7268 or email [healthyvisions@aol.com/](mailto:healthyvisions@aol.com/)